

CLEAN WATER • TEACH SKILLS • IMPROVE HEALTH
SHARE • GIVE GENEROUSLY • LAUGH & LEARN
CREATE COMMUNITY • CHERISH FRIENDSHIPS
BUILD HOMES • STRENGTHEN FOUNDATIONS
SPREAD JOY • SEED HOPE • LOVE • SERVE



C-QUEST AID INFORMATION PACKAGE



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ABOUT C-QUEST



Located on the Gulf Coast of Mexico's Yucatan Peninsula, C-Quest is a non-profit organization helping vulnerable families in their areas of greatest need, through community projects focused on health, home and hope. We offer short term aid trips to groups of up to 30 at our safe, secure and comfortable base in Progreso. We also offer family-friendly adventures where children as young as five are welcome!

We follow after great teachers and leaders who have gone before us, and model our principles of aid, compassion and sustainability after tried and true methods of reaching and serving the needy.

In the midst of the struggle to survive, hope can be lost. Fortunately, great leaders like Mother Teresa have proven for centuries that hope can also be regained, through simple acts of compassion, by someone like you.

Help us to restore hope and transform lives in Mexico.

“ We think sometimes that poverty is only being hungry, naked and homeless. The poverty of being unwanted, unloved and uncared for is the greatest poverty. We must start in our own homes to remedy this kind of poverty.”

Mother Teresa



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HEALTHQUEST

**Are you a medical professional looking to serve?
An engineer who can help us provide clean water
to poor communities?**

The Yucatecan and Mayan people are in great need of projects to support basic requirements for clean water, sanitation and health. Our HealthQuest programs are carefully planned in conjunction with local community leaders to ensure maximum benefit and sustainability for the people. Our focus on provision of clean water will save lives of at-risk children. Help someone live a better life through better health.

“There are 1.5 Physicians per 1000 people in Mexico. Only 34% of the population use adequate sanitation facilities.”
OECD HEALTH DATA



HEALTHQUEST





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HOMEQUEST

HOMEQUEST

Do you have a handy side?

50% of people in Mexico live at or below the poverty line. Many homes and villages are in varying states of disrepair causing unsafe and unhealthy environments for thousands of families.

Our efforts range from small house repair and maintenance projects (mini-home-makeovers) all the way to modular home and shelter construction for villages with a focus on sustainability.

Help us provide a better quality of life for a family by improving a home.



“More than 20 million children and adolescents in Mexico are estimated to live in poverty and 5 million of those in extreme poverty.”
UNICEF





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HOPEQUEST

Are you a teacher, a business person, a teenager with a heart to serve other teens?

The Yucatan suffers from the highest rate of teen suicide in the country. Issues related to depression, abuse, addiction and gang culture are hampering a child's ability to break away from the cycle of poverty. We work to help children to see hope in their lives and to learn to make good life choices. Programs focused on job skill development, education and sport are designed to uplift youth to see the light in their future.

Help a child to find hope by getting involved, personally.

“The human development indexes in some parts of Mexico are close to those of some of the world's least developed countries.”

UNICEF



HOPEQUEST



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HOW YOU CAN SERVE

Are you a corporate team, an engineer, a youth group, a group of doctors or dentists looking for an experience of a lifetime? Your own personal life transformation could be just one decision away. Our post-trip follow up has shown that teams come back to their communities highly moved and motivated to get involved in local charities that serve the homeless and destitute...proof positive that their world views have changed radically through their C-Quest experience.

The question is that is often difficult to answer is – whose lives are being transformed the most, those of the served or those doing the serving?

C-QUEST AID TRIPS

Here's how it works. You contact us. We customize an aid trip for you or your group, taking into account your passions, experience and objectives. We provide base shelter for up to 30 participants to live and work for one or two week trips. Our staff are trained and equipped to provide you with all of the pre-planning, material procurement, set-up, project development, and all other on-the-ground requirements to ensure that the project goes smoothly and with maximum impact for all. We take care of all the logistics and create a hospitable and warm environment in which to grow personally and as a team. Our staff are experienced hosts and coaches, project planners and aid leaders.

Everything is arranged and yet anything is possible to make your trip memorable and life-changing.



HOW YOU CAN HELP

Your own personal life transformation could be just one decision away. It's a simple fact. Givers gain. The impact of a C-Quest trip is hard to measure, but easy to see. Contact us to help you experience a trip of a lifetime. You'll be making a huge difference in someone else's life, and in yours. Drop us an email at info@c-quest.net or visit our website at www.c-quest.net.

We rely on the generosity of donors like you to continue to run quality programs that truly restore hope and transform lives. Donations and trip expenses are tax receiptable. To make a donation, send your gift to:

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